

PARANORMAL UNDERGROUND®

Volume 14, Issue 3

March 2021

ANGELA MCGHEE
PSYCHIC DETECTIVE

The Haunted
MARK TWAIN HOUSE

**HAWKESBURY
RIVER MONSTER**

**ETs:
BEDROOM
INVADERS**

ALSO INSIDE:

13 FASCINATING UFO BOOKS FOR BELIEVERS & SKEPTICS ALIKE

ARE LEY LINES LINKED TO PARANORMAL ACTIVITY?

INVESTIGATING A HAUNTING IN EL MACERO

SMUDGING PROTOCOL FOR CLEARING SACRED SPACE

ENERGY HEALING FOR SEASONAL ALLERGIES

CREEPY CRATIE BY THE LINEUP

TABLE OF CONTENTS

CASE FILES OF THE UNKNOWN

- 22 Haunted Sites
The Mark Twain House Haunting
- 26 Are We Alone?
ETs: Bedroom Invaders
- 30 Cryptids & Mythological Creatures
The Hawkesbury River Monster

IN THE SPOTLIGHT

- 12 Haunted Entertainment
13 Fascinating UFO Books for Believers
and Skeptics Alike
- 16 Investigator Spotlight
Angela McGhee: Medium, Visionary
& Psychic Detective
- 20 Special Report
Are Ley Lines Linked to Paranormal Activity?

PARANORMAL INSIGHTS

- 32 Personal Experiences: Paranormal Encounters
The Haunted Day vs. Night: A Look at the Witching
Hour, Djinns, and Other Paranormal Experiences!
- 36 Personal Experiences: Ghost Hunter Case Files
Investigating a Haunting in El Macero
- 38 Metaphysics & Energy Healing
Energy Healing for Seasonal Allergies
- 40 Sage Goddess: Spiritual Tools & Teachings
Smudging Protocol for Clearing Sacred Space
- 42 The Shaman Windwalker
Mission Earth: Are ETs Working to Save Earth?

DEPARTMENTS

- 4 Contributors
- 6 Publisher's Letter
- 7 Coronavirus Resources
- 8 Paranormal News



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Emma has been a paranormal investigator for the past six years. She recently created All Things Paranormal, a group that hosts weekly Zoom meetings for anyone who is interested in the paranormal.
allthingsparanormal.club



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Karen is a psychic medium and author and cohost of the podcasts *Intention Is Everything* and *Paranormal Underground Radio*. Her published paranormal books include *Transform Your Life with Alchemy*; *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*; and *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*.

Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries and is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual*



Gifts and Wonders. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

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Jackie is interested in researching and writing about ufology and the theories and experiences surrounding the phenomena. She is also a contributing writer for *Phenomena Magazine*.



CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

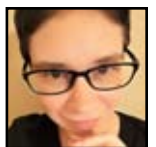
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MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



KENNETH W. MAJOR

Kenneth is a retired environmental engineer that enjoys writing children's poetry and sto-

ries with a STEM focus. Over the past five years, he's been tutoring and substitute teaching in area school systems (Grades 1-12). His interests include reading, writing, running, mountain biking, baseball, and basketball.



KELLY MCCLURE

Kelly is the editor-in-chief of The Lineup and Murder & Mayhem. For the past 20 or so years she's written about music, film, TV, books, and paranormal news for a number of different places. Kelly's first anthology of short fiction efforts, *Terrible Stories*, was published by Budget Press in 2017.

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ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experimenter herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer,



and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

truthseekerforum.com

PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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CHAD WILSON

Afreelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue!



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LIFE, DEATH & OPPORTUNITY FOR PERSONAL GROWTH

Somewhere on the Internet I saw the phrase, "The life we have been living is the life we have chosen for ourselves because it is what we believe we deserve." I'm not sure who said it, but it rings true to me.

To me, this phrase means that regardless of the life we long for, the life we have at the present moment is the one we have chosen for ourselves, for one reason or the other. Maybe we don't want to try new things — find a new job, meet a new friend, or try a new hobby — because those experiences are scary and uncertain ... maybe even painful. And why would we purposefully subject ourselves to something uncomfortable or painful?

Pain, in all its forms, is an opportunity for growth. Physical pain can be an indicator that what we are attempting is hurting us, so we better stop. But, in some cases, physical pain can also indicate growth, such as when you are training for a physical challenge and are pushing your limits to achieve a higher performance.

Life changes can be scary and even painful, such as getting a new job, starting a new relationship, buying a home, starting a family. But these experiences can also be transformational, letting our

consciousness expand as we learn new things and experience new challenges.

What about the pain of a breakup or even the pain from the death of a loved one? While these can be the hardest experiences we face in life, they too can be learning experiences and allow for personal growth. We learn how to grieve, cope, and then move on. I believe our souls expand immensely after times of sadness and loss.

Pain is multifaceted.

But underneath it all, pain teaches us, ultimately showing us the importance of life and those around us.

But life isn't just about growing from pain, thankfully. We also learn from the good times and the opportunities we encounter. Life itself is an opportunity, allowing us to strive for what we want to be.

Wishing for a better life is one thing, but striving to achieve that life is something else entirely. We all have control over the life we want to live. And that mostly comes in the choices we make and the opportunities we take advantage of.

We are the creators of our own reality ... both the good and bad times. As such, we shouldn't fear pain, but learn from it and use it to grow. ♦



Chad Wilson,
Publisher



Because most paranormal events have been cancelled due to the COVID-19 pandemic (also known as the novel coronavirus), in place of our Calendar of Events this month, we are providing you with a list of coronavirus resources.

For information on the pandemic, you can visit the links below:

World Health Organization

www.who.int/emergencies/diseases/novel-coronavirus-2019

- How to Protect Yourself
- Country & Technical Guidance
- Your Questions Answered
- Travel Advice
- Situation Reports

Centers for Disease Control and Prevention

www.cdc.gov/coronavirus/2019-ncov

- How to Protect Yourself
- If You Think You Are Sick
- What You Need to Know
- Resources for the Community

Harvard Health Publishing: Harvard Medical School

www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center

- FAQs About Coronavirus and COVID-19

- Podcasts, including “How to Conquer Your Anxieties During the COVID-19 Outbreak”
- Questions and Answers

The White House/CDC/FEMA

www.coronavirus.gov

- How to Prepare and Protect Yourself
- What to Do if You Think You Are Sick
- What Are the Symptom?
- Who Is at Highest Risk?
- What Is Social Distancing?

U.S. Department of Labor

www.dol.gov/coronavirus

- Workplace Safety
- Wages, Hours, and Leave
- Unemployment Insurance
- Support for Dislocated Workers and States
- Job Corps Students
- And more work-related issues due to the coronavirus

National Institutes of Health

www.nih.gov/health-information/coronavirus

- Symptoms and Testing
- Prevent Getting Sick
- Daily Life and Coping
- If You Are Sick
- People Who Need Extra Precautions ♦

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FLYING SAUCERS, FURIOUS SPIRITS, AND THE FUTURE

BY MORGAN LINEBERRY

ALIEN EVIDENCE FINDS HUMANITY

Harvard University astrophysicist Avi Loeb recently made the claim that a sighting in 2017, dubbed Oumuamua — a Hawaiian term that roughly translates to “scout” — was more than a strange phenomenon. It was alien contact.

And in a new Scientific American article by Lee Billings, Loeb reveals that he now believes that instead of us searching for evidence, as has been a large part of his work to date, “evidence had instead found us.” Loeb is so certain of this that he recently published a book titled Extraterrestrial: The First Sign of Intelligent Life beyond Earth.



Source: Wikimedia

2021 PREDICTIONS FROM THE LATE BABA VANGA

Do you wonder what the rest of 2021 has in store? According to Kelly-Ann Mills of the Daily Record, the late Baba Vanga, “legendary blind mystic who famously predicted 9/11 and Brexit despite dying years earlier has made her 2021 revelations from beyond the grave.”

The good news for this year (according to her way back in 1996) is that a cure will be found for cancer. However, bad news for Donald Trump as she predicted the 45th president will suffer from a “mysterious disease.” There were many more predictions, including that “a strong dragon will seize humanity.” I suppose only time will tell if she is correct.



Source: Wikimedia

GHOST PHOTOGRAPHED IN BLOOD CEMETERY

Tyler Karanasios believes he captured something spooky in a cemetery photo, according to Michael Havis and Lorraine King of the Mirror. When Karanasios took photos at Pine Hill Cemetery in Hollis, New Hampshire, he captured a ghostly entity hovering over a gravesite.

The cemetery is “known as Blood Cemetery, after Abel Blood, who is rumored to have been a murderer with occult connections” and is buried at the cemetery. Abel’s ghost is rumored to haunt the cemetery. In the photo, you can see “the shape of a person wearing a long cloak or shroud,” near Abel Blood’s headstone. Hopefully, nothing decided to follow Tyler home.



Source: Tyler Karanasios

MISSILE-LIKE UFO SPOTTED OVER PLANE

On February 21, an American Airlines flight 2292 pilot reported seeing a UFO, according to Kunal Gaurav of the Hindu-
stan Times. The flight was from Cincinnati to Phoenix.

Gaurav’s story states that the pilot described the UFO as “a long, cylindrical object that almost looked like a cruise missile type of thing — moving really fast right over the top of” the airplane. The pilot was concerned that it





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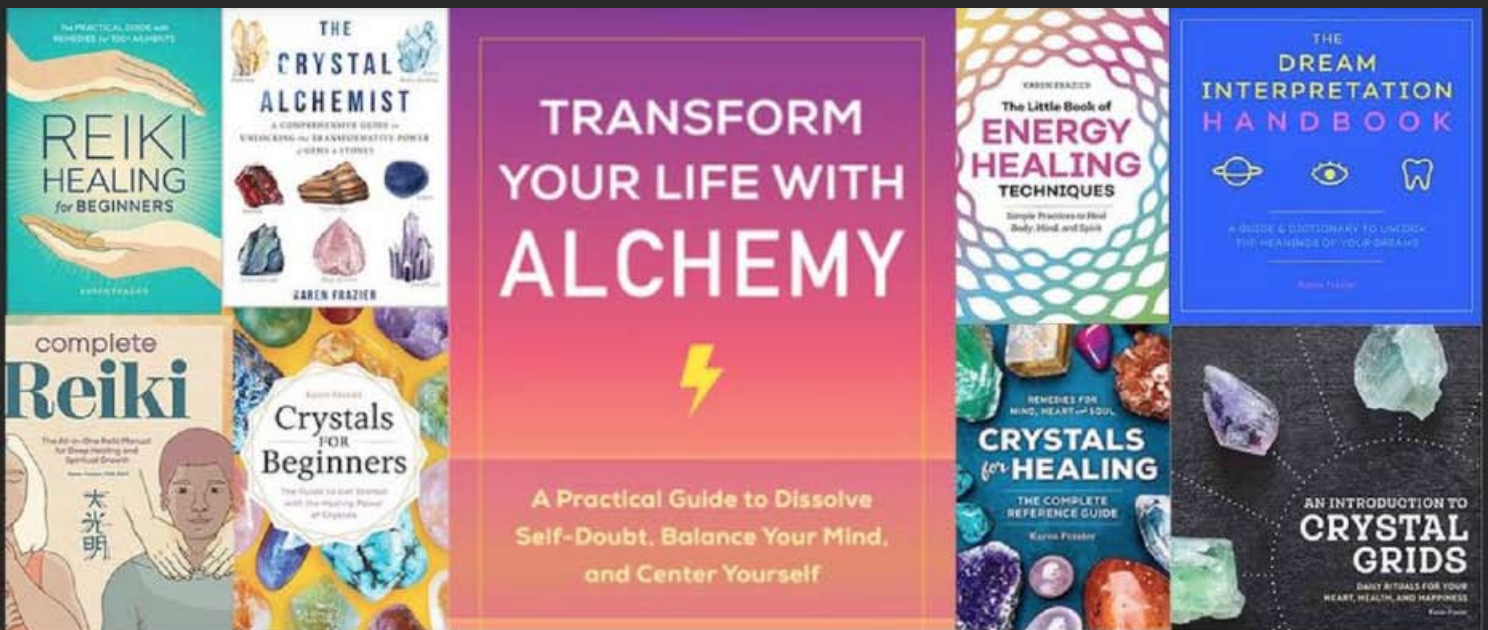
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AuthorKarenFrazier.com

was a missile, but was reassured otherwise. I suppose a potential alien aircraft is preferable to a missile at least.

GHOSTLY PHOTO SNAPPED IN HAUNTED UK HOTEL

The *Daily Record's* Sophie Law brings us a creepy story of a seriously spooky paranormal picture. The photo was taken at the "UK's most haunted hotel" – Liverpool's Adelphi Hoteland – and seems to depict a "girl in a white nightie." The apparition "appeared in a stairwell that was blocked off from guests" and wasn't noticed until after the photo was taken.



Source: Amanda Riddock/Maria Elliot

Many ghost sightings have been reported in this hotel, including multiple instances of visitors seeing "a lady with long, dark, curly hair walking in the foyer and the ballroom." It sounds like a good place to put on the haunted vacation list to me!

VIDEO SHOWS SPIRIT PULLING TODDLER UNDER BED

Paige Holland of the *Daily Record* brings us a chilling story and video. The little girl's parents had a video camera set up in their daughter's room for monitoring purposes. And late one night in February, the child was recorded playing "at the end of her bed at 11:37 p.m."

It looks like she's talking to someone under the bed

and laughing at first. But what happens next is a parent's nightmare. As the little girl got down off the bed and started looking under the bed, she was "pulled under the bed" by something unseen, presumably a ghost. The child repeatedly calls out for her mother as her legs disappear under the bed. The clip was uploaded to TikTok by the father, and most people agree there was something paranormal afoot. You can watch the disturbing video [here](#).



Source: joshdean0222/TikTok

FAMOUS DIRECTOR REVEALS GHOSTLY ENCOUNTER


The *Mirror's* Seamus Duff brings us a story of a ghostly attack. "Guardians of the Galaxy director James Gunn may have had a brush with the supernatural after visiting an allegedly haunted former insane asylum."

Gunn and American comedian Steve Agee were exploring a supposedly haunted old asylum when Agee took a photo that seems to show a ghostly threat toward Duff. The image shows



Source: James Gunn/Twitter

"a black cigar-shaped shadow ... flying towards his face." It looks almost like something was trying to hit him. Luckily, he was not harmed, just intrigued. ♦



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13 FASCINATING UFO BOOKS FOR BELIEVERS AND SKEPTICS ALIKE

BY KELLY MCCLURE, THE LINEUP

In the late summer of 2020, an article published by the *New York Times* written by Ralph Blumenthal and Leslie Kean revealed that “despite Pentagon statements that it disbanded a once-covert program to investigate unidentified flying objects, the effort remains underway.” In case you’re wondering if you read that correctly, what that means is that, yes, the United States Department of Defense is still actively looking into the strong possibility of UFOs not only being real, but being actively real.

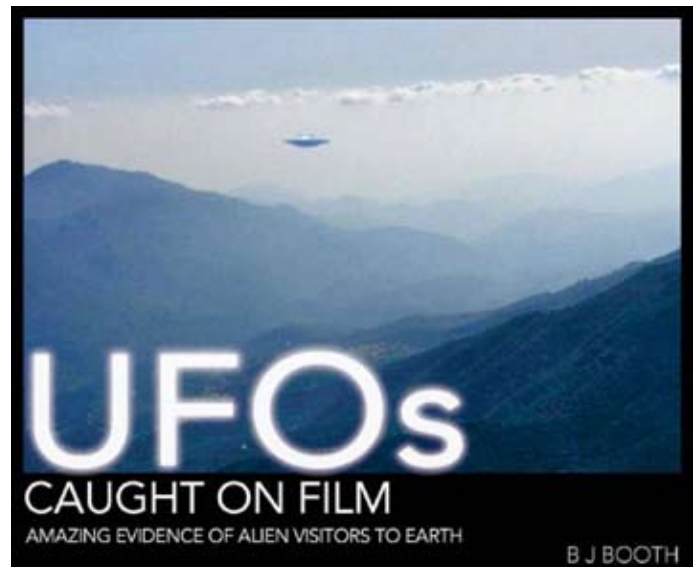
According to the article, Pentagon officials aren’t addressing any inquiries about the program, which is operating in the Office of Naval Intelligence. Advancing the reporting of news along these same lines, *The Cut* published an article in 2020 stating that reports of UFO sightings are increasing in the U.S., Belgium, and Canada. And those are just counting sightings that have been reported. There are probably many others.

The Cut article goes on to report that “Chris Rutkowski, a ufology researcher in Canada, told CTV News, ‘We’re looking at increases of about 50% from this time last year, so for some reason, people are reporting more UFOs during lockdown.’”

Whether you believe in the existence of UFOs or not, the government certainly does, and being that many people are working from home now, they’re more on guard to spot things they may have missed before. It’s an interesting topic that the authors of the following 13 non-fiction UFO books have a great deal of experience with. Pick one, or all of them, and dive into the convo yourself.

The Roswell Legacy (by Jesse Marcel Jr. & Linda Marcel)

Major Jesse Marcel put his time in as an intelligence officer for the 509th Bomber Group. While he cemented



“*UFOs Caught on Film* is an extraordinary collection of photographs which brings together the finest visual evidence for the existence of extraterrestrial life.”

his name in history for being part of the military group that dropped the atomic bomb on Japan, he made his mark even more indelible in Roswell, New Mexico.

On record as being the first military officer to report to the scene of the now infamous Roswell crash, his first-hand account of his discoveries there are detailed by his son in *The Roswell Legacy*. The book presents documentation that’s never before been made available in such organized totality.

UFOs Caught on Film (by B J Booth)

UFO researcher B J Booth has compiled a collection of photographic evidence pointing to the existence of UFOs that’s hard to dispute. In *UFOs Caught on Film*,

he provides written commentary for each photo, spanning from the 1920s to recent years.

As the saying goes, “Every picture tells a story,” and the stories found here will either excite you or keep you up at night.

For Nobody’s Eyes Only (by Nick Redfern)

This book is a fascinating read for anyone interested in knowing more about a wide variety of head-scratching conspiracies. In *For Nobody’s Eyes Only*, Nick Redfern shines an investigative light on previously hidden government files pertaining to the Roswell UFO crash, notable figures like JFK and Princess Diana, MK-Ultra, and the Watergate scandal.

The truth is no longer just “out there” ... it’s in this book.

Flying Saucers and Science (by Stanton T. Friedman)

Stanton T. Friedman compiled over 40 years of research obtained during his career as a nuclear physicist and lecturer. In *Flying Saucers and Science*, he uses his vast knowledge to explain, in plain terms, that UFOs are not only possible, but probable.

Earth: An Alien Enterprise (by Timothy Good)

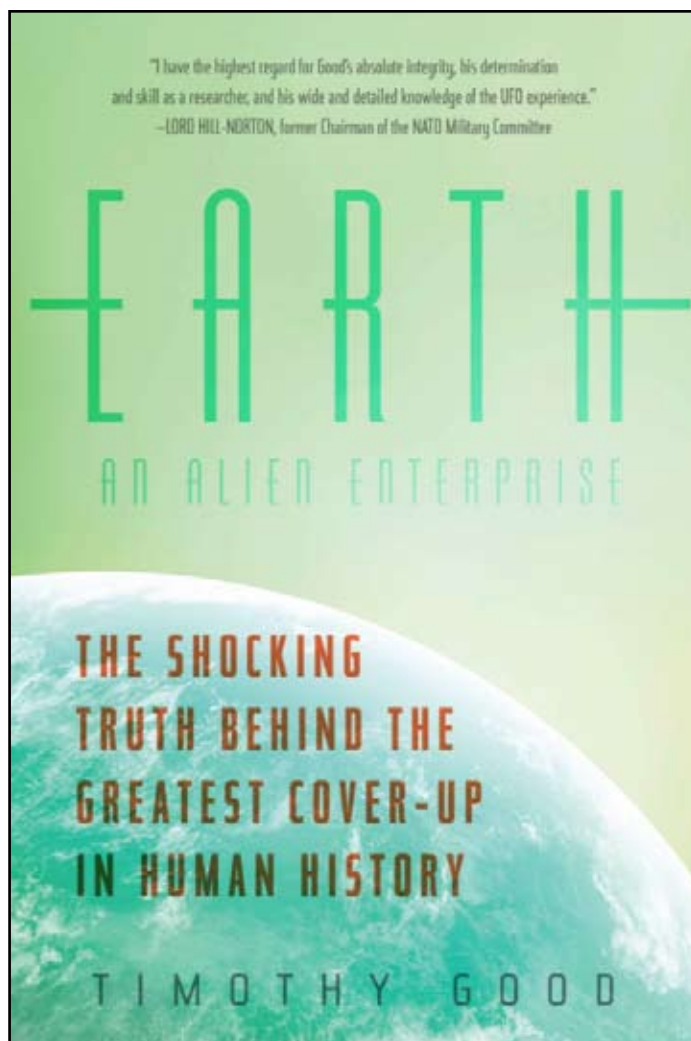
In this mind-blowing page-turner, Timothy Good offers up research and firsthand accounts of interactions between humans and aliens dating as far back as 1932. A stand-out section of the book includes a former M16 member supplying intel on a conversation she had with Neil Armstrong regarding undisclosed

Authors Prothero and Callahan report on crop circles, UFO sightings, and accounts of alien contact.

space craft on the moon, which she tells in this book for the first time publicly.

UFOs, Chemtrails, and Aliens (by Donald R. Prothero and Timothy D. Callahan)

For those who are on the fence as to what they believe when it comes to aliens and UFOs, this book is heavily rooted in science, and hard cold facts. Authors Donald R. Prothero and Tim D. Callahan report on crop circles, UFO sightings, and accounts of alien con-



This book “focuses on this century’s previously unknown contacts with alien, the infiltration thereof, and our top-secret liaison programs with extraterrestrials.”

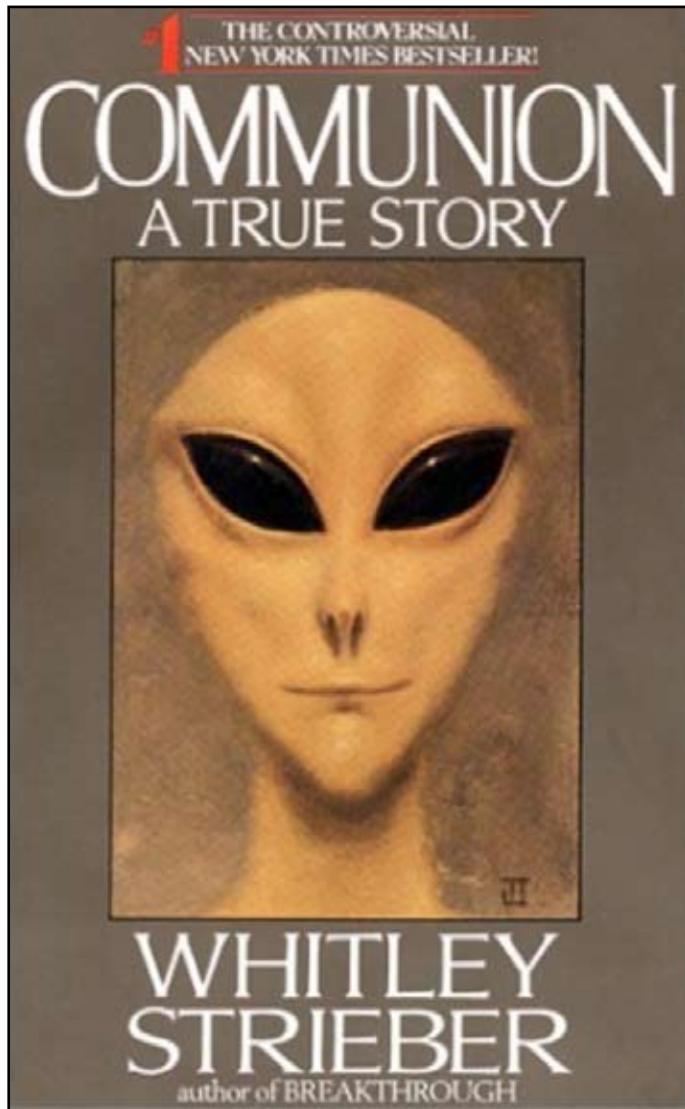
tact, while also measuring the stories and claims against research and data.

For these authors, believing is one thing, but proving something is far more valuable.

The Report on Unidentified Flying Objects (by Edward J. Ruppelt)

You may be familiar with Project Blue Book, the U.S. Air Force project designated to investigate any UFO claims. What you may not know is the name of the man who ran Project Blue Book ... but you’re about to. Edward J. Ruppelt, credited for coining the term “UFO,” wrote a book that is, in essence, the full report he would have written on his work during Project Blue Book, if he’d ever been asked to officially write it while running the program.

Certainly government officials were too wary of such



The book *Communion* documents “the most astonishing true-life odyssey ever recorded -- one man’s riveting account of his extraordinary experiences with visitors from ‘elsewhere’ ... how they found him, where they took him, what they did to him and why.”

information being made public to ask for such a report, but it’s here now for all to read.

Flying Saucer Pilgrimage (by Bryant & Helen Reeve)

First published in 1957, *Flying Saucer Pilgrimage* puts to use the knowledge Bryant Reeve gained from being an American engineer and a graduate of Yale and the Massachusetts Institute of Technology.

Together with his wife, Helen, they spent two years traveling over 23,000 miles talking to experts around the country. During their journey, they made note of firsthand claims of UFO sightings to attempt to prove or debunk what was thought to be true at that time about UFOs.

The UFO Experience (by J. Allen Hynek)

Astronomer, professor, and UFO expert J. Allen Hynek served as a scientific advisor for the U.S. Air Force for the majority of his career. Studying and compiling UFO data for Project Sign, Project Grudge, and Project Blue Book has given him more factual knowledge about UFOs than a whole building full of people could ever hope to obtain.

Lucky for anyone interested in taking a peek at said knowledge, the bulk of it is collected in this book.

Out of the Shadows (by David Clarke & Andy Roberts)

Authors David Clarke and Andy Roberts focus on cover-ups and misdirections pertaining to UFOs in their fascinating book *Out of the Shadows*. Interesting for both skeptics and believers, the authors comb through secret files and previously unknown research to present a rational account of what’s what.

Communion (by Whitley Strieber)

Arguably the most widely read firsthand account of an encounter with life from another planet, Whitley Strieber’s *Communion* is a truly shocking book. Published in 1987, and still referenced and discussed to this day, it details the author’s harrowing experience coming face to face with alien life and his supposed abduction while spending Christmas with his family in a cabin in upstate New York.

To get ahead of skeptics attempting to debunk the chain of events written about within this best-selling book, Strieber took and passed a lie detector test and also got a statement from a psychiatrist attesting to his sanity.

Alien Agenda (by Jim Marrs)

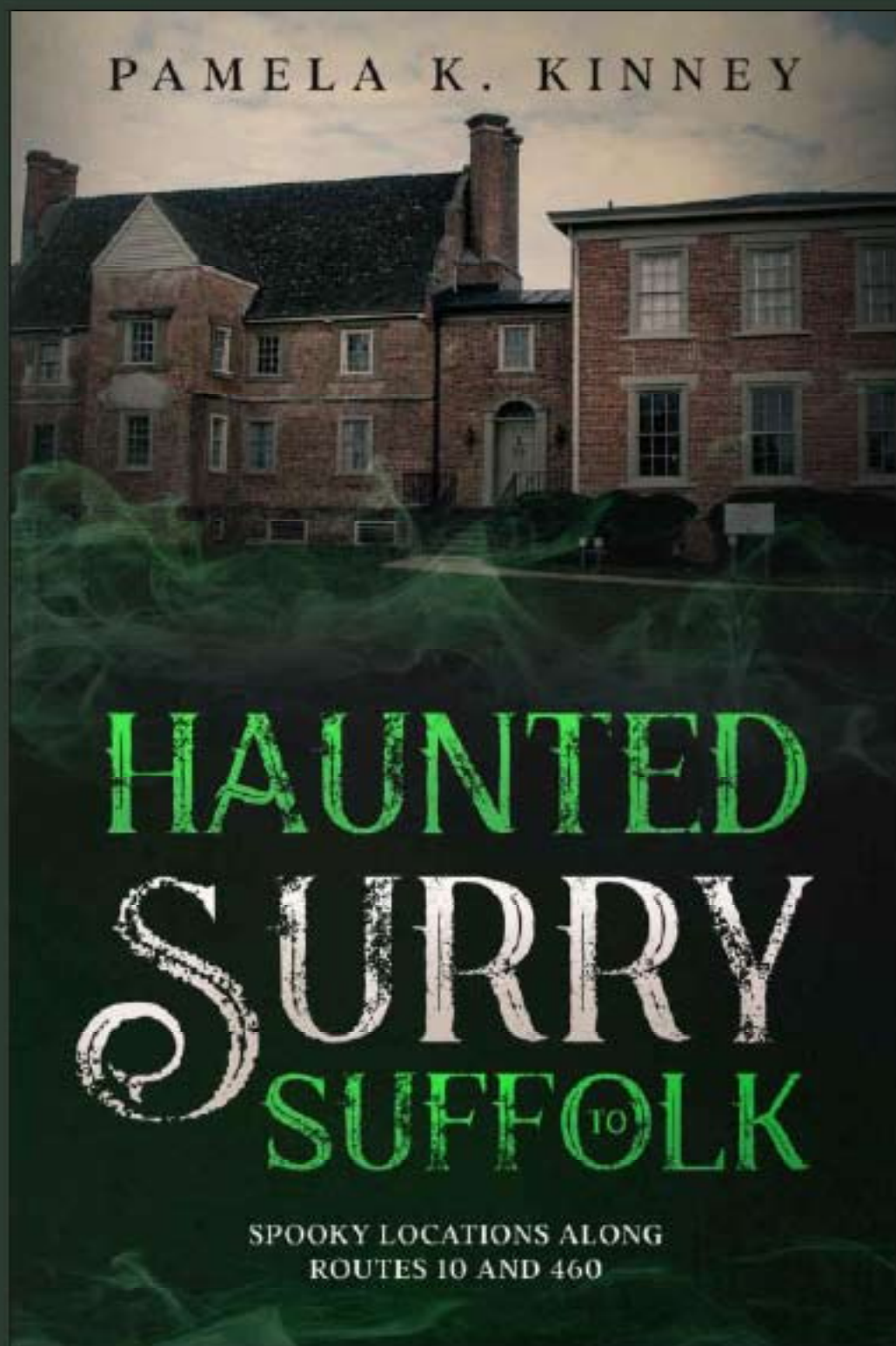
Journalist Jim Marrs researched and compiled a vast amount of data on alien life forms for his well-written and well-received book *Alien Agenda*. What he proposes and attempts to rationally prove in the book is that aliens have been visiting earth for many years and walk amongst us, unseen, to this day.

Alien World Order (by Len Kasten)

UFO researcher Len Kasten presents a terrifying thesis in *Alien World Order*. Going over years and years of reports, data, and firsthand accounts, he proposes that aliens have one goal, and one goal only: to study our world and take it over for themselves. ♦

For more reports on haunted entertainment, check out [The Lineup](#).

No matter which road you take to visit the towns and countryside along Routes 10 and 460 in Southeastern Virginia, the phantoms can't wait to SCARE you a good time.



Available on Amazon

ANGELA MCGHEE

Medium, Visionary & Psychic Detective

By Paul Dale Roberts, Halo Paranormal Investigations

Angela McGhee's incredible journey began as a little girl. She first remembers having "visions" as a four-year-old in a Catholic convent children's home. Despite much trauma and adversity, she was led into a life engaged with the spiritual realms and is now a leading expert in the supernatural and afterlife.

Angela is considered one of the most talented international mediums in the U.K., and her "gifts" have been recognized by many, including high-ranking police detectives for her help on murder and missing persons cases. In fact, she's been labeled as a "Psychic Detective" for her insights into cases revealing truth and evidence.

You might have also seen Angela in the Biography channel's *Psychic Investigators* documentary drama TV series, which featured Angela and her insights working alongside police detectives, helping to solve real-life murder cases.

Angela is also a Hayhouse author, whose book *Angela's Angels – The Psychic Detective* is an award winner. She has also published the books *Crime Scene Psychic: Evidence of the Afterlife*; *Angela's Angels – A Psychic Soul's Journey*; and *Angela's Angels Revisited – Psychic Detective*.

Angela recently filled us in on her background, psychic abilities, and exceptional cases.

* * * * *

Q: Please tell us about yourself and your family life.

Angela: I was born in Liverpool, England, the youngest of seven children of Irish Catholic descent. I believe I was born with a "gift." I was born a channel to receive communication from the realms of spirit.

I have endured a roller coaster of a life, touched by grief, trauma, and tragedy. I spent some time in my early years in a convent children's home — humble beginnings to say the least. But I am blessed all the same. I am now a mother of four wonderful children and a grandmother of three. My philosophical approach to life, humor, and faith in God's spirit keeps me going.

My early career was spent in the caring profession, in the nursing and social work field, where I spent over 20 years. It was only through circumstance and change that I was encouraged to use my

gifts as the demands for my mediumship escalated and took over my life. I turned professional medium a number of years ago, appearing on TV, radio, and theater. My work as such has invited me to a number of countries worldwide. I'm now also an author, teacher, and columnist, gaining recognition as a real-life psychic detective and an expert in the afterlife.

Q: When did you first learn that you had psychic abilities?



Angela: I have been expressing psychic abilities since early childhood, which I denied and hid away at times as I tried to make sense of it all ... and the fact that no child likes to be different.

I was regarded as a highly sensitive child who had so-called “imaginary friends” — those children of the spirit world who I would often play with. I would experience very prophetic dreams and premonitions, and the events of such would unfold shortly after.

I was good at finding things too. I knew something really special was happening to me on the night my grandmother passed over and she appeared to me late that same evening, convincing me that there was an afterlife, a Heaven. I was just 10 years old. The words *psychic* and *medium* were not around me. I likened my experiences to the biblical stories I’d heard each day.

Q: A lot of psychics use their abilities for readings. You have used your abilities to help the police. What made you seek out this route of helping the police?

Angela: Although I started by giving messages and readings to people, I never actually instigated any contact with police myself. They first began to call on me.

After I was encouraged by a friend to visit the scene of a local murder, this is where I had a series of visions, one after the other, of what had taken place. The scenes where reenacted before my eyes (it was like pressing a replay button on a video recorder).

I relayed the information to the victim’s family, and they in turn informed police of that incident and my psychic experiences. That was when the police decided to take a chance and visited me to ask questions. They listened to what I had to say about my findings.

They told me I was telling them details and facts that only police detectives, forensics, and those heavily involved would know about. To put it in a nutshell, I told them the facts and who had done the crime and gave them hope in telling them how the case would resolve in the process of time.

Police detectives were startled by this. In fact, little did I know that this particular incident would be turned into a TV film three years later. Since then I have been approached by police individuals and victims’ families on numerous cases.

Q: Can you talk about some of the exceptional cases that you worked on?

Angela: One particular case springs to mind where I located the body of a missing woman, Mandy Franks, who



Angela’s incredible journey began as a little girl when she first remembers having “visions” as a four-year-old in a Catholic convent children’s home.

had been missing a number of weeks. I was taken to the town where she was last seen by a BBC News journalist who was due to interview detectives. I knew no facts other than the missing woman’s name. Again prior to the visit, my visions had already begun.

I had a vision of a park by a river, which I led the journalist to. I instantly knew this was connected to her passing. A series of visions followed, relaying the events that happened. I had another vision of where her body actually was and where it was going to be found, which happened to be approximately 20 miles downriver from where she had first entered the water. I named the place and told them exactly where the body was and prophetically said when it would be found, which was six days later.

I have also been involved with the Madeleine McCann case, which has a special chapter in *My Crime Scene Psychic* book. I have had visions since day two of

the ongoing investigation. Although written, the visions mentioned were all validated and still coming to fruition. These visions are not given for no reason. You can see these news headlines on my Website.

Q: You were on a show called *Psychic Investigators*. How did you like working on that show?

Angela: This show was a wonderful experience, a landmark for me and my spirit allies. It was a chance to show the world the might of God's spirit that can be channeled to give answers, in particular in helping to solve the murder of Mick Hughes, a pub landlord. It was an amazing experience for me, and the case and results were equally amazing.

Q: Can you tell us about your book *Angela's Angels*?

Angela: *Angela's Angels* has now become *Angela's Angels Revisited* — an extended version of the original award-winning book, as each week that passes is a sequel to yet another chapter in the “mysteries of life.” It's a semi-autobiographical account of my spiritual memoirs, the fourth book of a planned series. A lifetime experience of spirit communications, from early childhood to recent media work, including the help given to police and families on murder and missing persons cases.

I have met some wonderful souls from both sides of life, characters such as lords, ladies, war heroes, rock stars, saints, and sinners. A remarkable true story, fascinating, factual, and a must for any skeptic ... a book of eternal hope and enlightenment.

There is also another dimension to my work that has only been touched upon in this book; that is the “soul rescues” I have done, the simple and extreme exorcisms, including the most remarkable case of poltergeist activity ever witnessed, which involved myself and two exclusive Catholic Monsignor exorcist priests. This “soul rescue” work is mentioned in a planned forthcoming book, as there is more of my work to reveal.

Q: When you say you are a visionary, does that mean you acquire visions of the future?

Angela: A vision is not necessarily a communication from a particular spirit that has crossed over. It can be visions of real-life events that have already happened, are happening at a pivotal moment, or is about to happen. So the answer is yes, my visions can reveal glimpses of the future. In some murder cases, I have been “shown” the end result of the investigations as evidentially marked in the *Psychic Investigator* TV series episode.

Q: Do spirits use your body to communicate to the living?

Angela: My understanding is that my mind is being used by Spirit, but I sometimes feel totally instrumented through my words, thoughts, and actions — sometimes duplicating any characteristics or idiosyncrasies that the spirit person had in physical life ... almost semi-trance conditions.

Q: What is it that happened to you that caused you to have psychic abilities?

Angela: Being born! I struggled to survive my first breath and seemed to hover for a while between the two worlds. I always thought that this may have been some indicator ... and the fact I had a “gifted” grandmother.

I believe when there is a channel in the family, the energy can be absorbed by the most sensitive children,

therefore passed down and developed. But some people are just born an open channel. I was privileged to experience both.

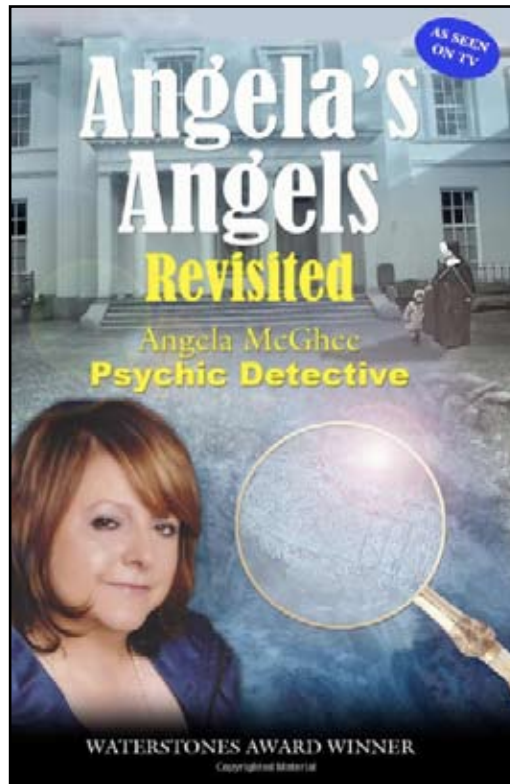
Q: Any words of wisdom for your fans?

Angela: For believers, my life's purpose and work is confirmation and validation of the mysterious world in which we live. For skeptics, it's a challenge to explain the inexplicable. Skepticism is a matter of choice.

Heaven is a real place that welcomes us all!

* * * * *

To contact or find out more about Angela McGhee and her work, visit angelamcgee.com, email angelkm39@hotmail.com, or call +44(0)778 956 3169. ♦



***Angela's Angels Revisited* is a semi-autobiographical account of Angela McGhee's spiritual memoirs.**

Rick Hale

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By RICK HALE

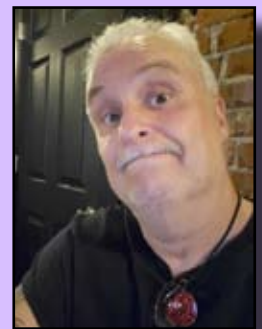
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ARE LEY LINES LINKED TO PARANORMAL ACTIVITY?

By Emma Dunlop-Walters, All Things Paranormal

For decades, paranormal investigators have been asking whether there is a link between ley lines and paranormal activity.

But what are ley lines, what are some examples of sites built on ley lines, and did people build on them intentionally?

What Are Ley Lines?

Ley lines are hidden energy lines that go across Earth in straight lines. The theory was put forward by Alfred Watkins in the 1920s after he coined the term ley while standing on top of a hill in Hertfordshire with an archaeologist. Watkins noticed that places of worship, ancient sites, and other places of interest were all in a straight line across the landscape.

He grabbed a map and started looking at other locations, soon realizing that other locations also seemed to be situated in a direct line. This correlates with the theory presented by Norman Lockyer, who suggested that ancient sites might be aligned according to the sunrise and sunset at Stonehenge.

Watkins invested a lot in his ley line theory, so much so that he wrote a book about it called *Early British Trackways: Moats, Mounds, Camps and Sites.*, which asks if it is “a mere coincidence that so many locations associated with worship and arcane knowledge are situated in unique spatial relationship to one another.”

Though many archaeologists and scientists have dismissed the ley line theory, paranormal enthusiasts back up Watkins’ theory, saying that it cannot be coincidence that haunted locations appear to be in a straight line.

Did People Build Sacred Buildings on These Lines on Purpose?

The most famous ley line location in the U.K. is Stonehenge, an ancient monument that was possibly a place of worship. Other places of worship and haunted locations fall on the ley line from Stonehenge, including the most haunted place in England, The Ancient Ram Inn.



Several ancient and religious sites were constructed on the same ley line as Stonehenge in the U.K.

Before the Inn was built in 1145, it was reportedly the site to a multi-millennia Pagan burial ground.

Other famous landmarks that are said to fall on the same ley line as Stonehenge are Glastonbury Tor, St. Michaels Mount, and Avebury Stone Circle. All of these places have a direct line that leads back to Stonehenge.



Ley lines, which often line up with underground streams and magnetic currents, are known by many names around the world, including as dream lines in Australia, spirit lines in South America, and dragon lines in China. Ley lines are commonly found in highly spiritual places or those that are said to have healing powers.

Are Ley Lines Linked To Paranormal Activity?

One theory is that ley lines carry a different magnetic field compared to the rest of the Earth, and this is the cause of paranormal activity on locations that go over ley lines. Some people believe the altered magnetic field can cause symptoms in some people — dizziness, nausea, headaches — similar symptoms reported by people visiting haunted locations.

There are still more questions than answers when it comes to ley lines. It is a subject we might never get a firm answer to. But when you look at a map, there is no denying that many places of worship and historical sites are in a straight line. And in the case of Stonehenge, these sites all lead back to the infamous prehistoric monument.

For more on the ley lines of Britain, check out this [BBC Travel article](#). ♦

It could be that people built on these locations because they felt the different energy or that it lined up with the sun in some way. We may never know the exact reason, but we do know that the stones at Stonehenge are placed so that the sunrise on the Solstice can be framed perfectly.

Other famous sites that are found on ley lines include Egypt's Great Pyramids, Australia's Ayers Rock, and Peru's Machu Picchu ruins.



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THE MARK TWAIN HOUSE HAUNTING

By Kenneth W. Major



Photo: armoryonpark.org

Samuel Clemens, better known as Mark Twain, was the famous author of such literary classics as *The Adventures of Tom Sawyer* and *Adventures of Huckleberry Finn*. He lived in a Gothic-style home of his own design at 351 Farmington Avenue in Hartford, Connecticut from 1874 until 1891 with his wife, Olivia, Livy for short, and their three daughters, Susy, Clara, and Jean. The Clemenses also had a son, Langdon, who died on June 2, 1872, before reaching the age of two.

Unfortunately, financial difficulties took a toll on the family finances and caused them to move in 1891. In 1896, Twain's eldest daughter Susy died, and the family decided to not return to Hartford. Twain eventually sold the house in 1903. The house changed owners a number of times before finally being bought by a group called Friends of Hartford in 1929. The goal of the group was to save and restore the house. The Mark Twain House was designated a National Historic Landmark in 1963.

For many years, stories had been told of strange occur-

rences in the house. Employees and visitors of the Mark Twain House & Museum claimed to have felt the touch of ghosts, seen ghosts roaming the house, or have heard strange noises and voices from various locations. The house has three levels, 25 rooms, and 11,500 square feet of space, plenty of room for ghosts to wander around and cause disruptions.

Steven Courtney, an author and the publicist and publications editor at The Mark Twain House & Museum from 2009 to 2013, wrote the book *They Shall Be With Us Always, The Ghosts of the Mark Twain House* to share some of these events that have been experienced by people in the house and Twain's interest in the paranormal. These ghost stories have attracted paranormal investigations from Syfy Channel's *Ghost Hunters* and the Biography Channel's *My Ghost Story*.

Woman Dressed in White

One ghost seen by a number of people in the house is a woman dressed in a white gown. She has appeared



The Mark Twain House is reportedly haunted by several spirits, including the “tall man walking” and the “women dressed in white.” (Photo taken on December 10, 2020 by Kenneth Major)

in a number of places. On one occasion, a tour guide during a tour spotted a wavy image of her walking past a set of stairs into the nursery on the second floor. Shortly thereafter, he led the tour group into the nursery. Upon entering the room, there was no one in there.

During another tour, a different tour guide saw a transparent image of the woman in white in the family parlor and dining room. Visitors could tell that this tour guide had been startled by something.

People have speculated that this lady is the ghost of Twain’s daughter, Susy, who died at the age of 24 of spinal meningitis in the house while visiting in 1896.

Tall Man Walking

Another ghostly figure seen in the house is that of a tall African-American man making his way around the house. On three occasions during tours, a visitor service manager was told by visitors that there had been an African-American man standing a ways behind her on the third floor.

It turns out that the Clemenses had an African-American butler named George Griffin, who was with them the entire 17 years that the family lived there. Griffin spent the night up on the third floor after late-night events at the house. People have theorized that this tall gentleman is the ghost of George Griffin.

Touching Sensations, Moving Objects, and Voices

There have been a number of guests that have said they felt something touch them while in the house. One woman claimed that she felt three tugs on her jacket and heard the muffled sound of children laughing.

One night, a maintenance and security manager shut off his vacuum cleaner and left the electrical cord plugged into the wall socket. He left the room briefly, but when he returned, he found the cord all tangled up as if someone had purposely done it as a prank. However, there was no one else around. He had to unplug the vacuum cleaner to untangle the cord.

There have been reports of young women visitors being stricken with severe neck pain while touring the house. One symptom of Susy Clemens’s ailment, spinal meningitis, is severe neck pain. The neck pain of some of these visitors was relieved once they left the house.

There have also been reports from security staff regarding certain chandeliers in the house. Staff would turn them off and head upstairs to do the same. But some staff sometimes found these lights turned back on.

One security guard said that he saw a metal tray fly across a room and strike a pipe with great force one night while turning on the security system. There were no other guards in the house at the time.





While no smoking is allowed inside the house, staff and visitors sometimes smell phantom cigar smoke. (Photo by Kenneth Major)

Billiard Room Smoke

Mark Twain had a habit of smoking cigars in the billiard room where he entertained guests. There have been a number of occurrences where staff and visitors have smelled a strong odor of cigar smoke. The funny thing is that smoking is not allowed in the house anymore. Tell that to the ghost of Mark Twain, who perhaps on occasion makes his way from the spirit world to one of his favorite earthly resting places.

According to house staff, the Hartford Fire Department has been called to the house a number of times in the past when smoke detectors have gone off. At times, they can smell a tinge of cigar smoke but have yet to find a fire or visible smoke.

Like many historical points of interest, The Mark Twain House and Museum has had a difficult time financially staying open. Historically, stories of ghostly happenings at the house were quietly kept a secret for fear that people would think those observers were mentally unstable. In more recent years, the ownership has embraced these ghostly events and even started a Graveyard Shift Ghost Tour that adults (\$20) and children 10 years or older (\$17) can take. It is a one-hour guided tour of the house that includes the telling of stories at some of the rooms and areas where ghostly figure sightings and events have occurred.

Due to the COVID-19 pandemic, I was unable to take the Graveyard Shift Ghost Tour or enter the house

or the museum. I did take the virtual tour, which was interesting, but it just couldn't match the excitement of actually walking around the house in person. If you are curious, like I am, take the tour yourself when it opens back up and see if you are lucky (or unlucky) enough to experience any of these ghostly happenings.

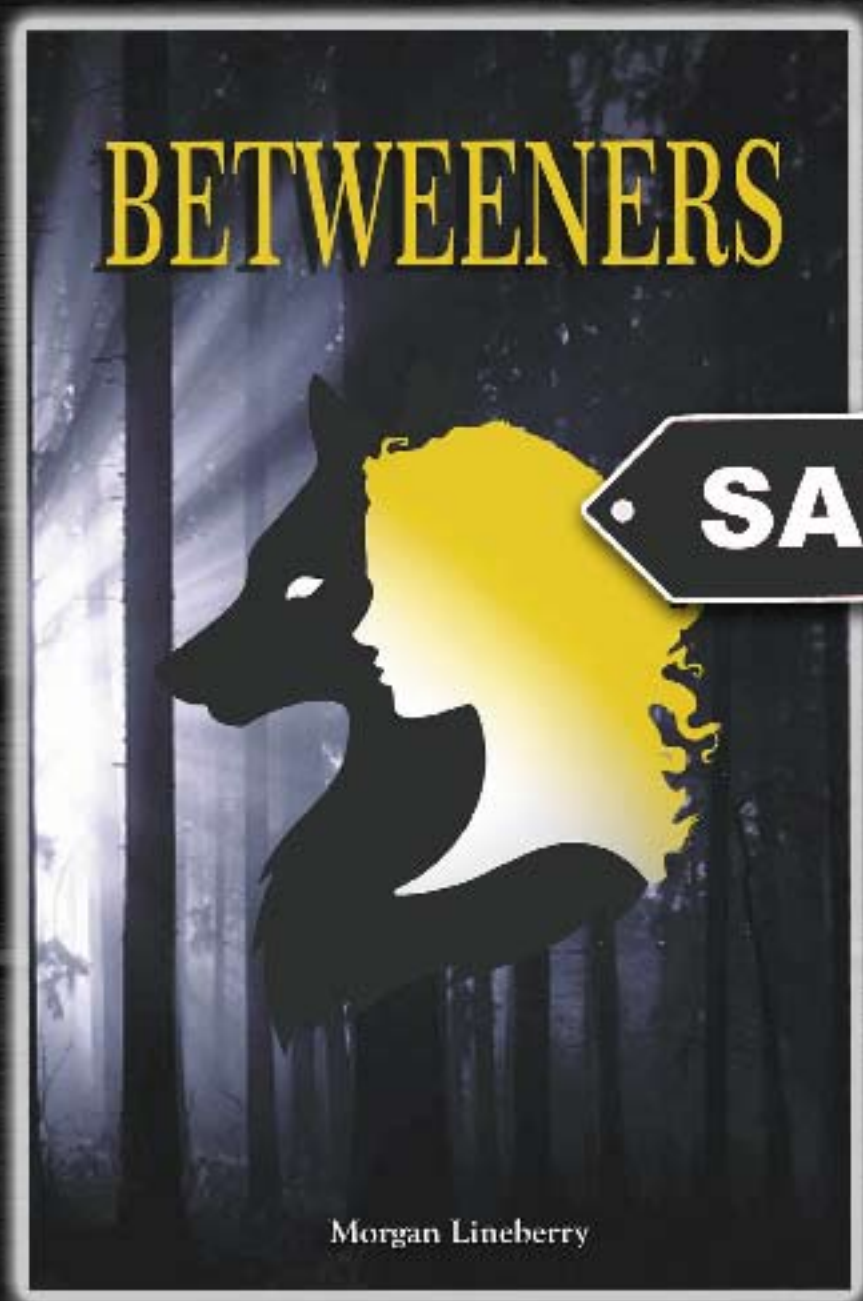
One last thing I'd like to share with you. I drove over to the Mark Twain House & Museum to pick up my ordered copy of Steven Courtney's book. Before leaving the area, I parked next door and wandered around the outside of the house taking pictures with my cell phone. When I got home, I took a look at the pictures. Now, keep in mind that the trees outside reflected off the windows in the house, creating mirror-like images.

However, in one picture of the side of the house (see picture above), there appears to be an image of a person looking down at me from the center second-floor window. What do you think?

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A tale of a young lady named Rae,
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ETs: BEDROOM INVADERS

By Jackie Heighway, Phenomena Magazine

On December 26, 1985, in Ulster County in upstate New York, a gentleman by the name of Whitley Strieber had an encounter that would stay with him for the rest of his life. By day, Strieber was an author, and by night, he was just a normal family guy. He was the kind of person who loved spending as much time as possible with family and friends and also taking holidays in his forest cabin.

On this particular night at around 8:30 p.m., Strieber set the alarm system and retired to bed. During the night, he was awoken by a very strange, loud sound; it was a growling. He got out of bed to investigate and was immediately shocked to see a strange being walk into the room.

When he locked eyes on the being, he lost consciousness. Strieber then found himself waking up in the woods not far from the cabin. He had no memories of what happened after getting out of bed and facing the intruder. With the incident constantly playing on his mind, he decided the only way to discover what happened that night was to go through regressive hypnosis.

The results were a little frightening, as Strieber recalls that he was floating up and out of his bedroom and there was a UFO hovering above the cabin. Once he was on board the UFO, the beings performed numerous examinations.

Strieber believes that everything he witnessed and experienced were very real, and he went on to write the best-selling book (a film was also made) about his experience. In a 1991 poll, it was estimated that around 4 million people may have experienced a similar encounter, and further studies claimed that these people were allegedly taken in the middle of the night.

Most recall being immobilized and transported from their cars or beds to the inside of a waiting UFO. Once inside, many recall being in some sort of hospital room, which had bright lights, and there were strange, small be-



ings that had very large eyes. Many report that they were placed on an examination table and were unable to move. It seems that there is some form of pattern forming here.

Why is it that aliens target the bedroom? Is it to do with capturing people unaware? Or is it because when we are asleep we are vulnerable? When we are asleep, we all enter a relaxed state and are not aware of what or who is around us. It's at that point we begin to question ourselves: Was it truly real or just a dream?

Despite all these claims, people within the scientific community refuse to listen or investigate this particular type of case. Instead, they conclude that these experiences are the result of sleep paralysis, which can happen when entering or emerging from sleep. Sleep paralysis can sometimes induce panic. If this is the case, then sleep paralysis is remarkably similar to thousands of abduction reports. Sleep paralysis can also be defined as either hypnagogic or hypnopompic hallucinations, which can



occur as someone is either in the process of falling asleep or awakening.

Do ETs travel Between Dimensions?

Strieber claimed that his wife was asleep the entire time. It has been claimed in some abduction cases that the person lying next to them heard nothing or felt nothing. Is it possible that these ETs have sole control, where they are able to suppress anyone involved in this particular experience? Is it possible that the “bright light” places the abductees into another dimension?

We look at the universe in three dimensions, which consist of height, width, and depth, with the fourth dimension being time. A lot of the world’s leading physicists suggest that according to some types of quantum physics, there could be at least 11 different dimensions.

Reports that have recently been released reveal that scientists that work at CERN’s Hadron Collider in Switzerland are searching for evidence to confirm that there could, in fact, be more than four dimensions within the Universe. It is suggested that the existence of extra dimensions is being proved when atoms are smashed together at velocities fast approaching the speed of light. The actual fallout of these collisions is starting to reveal the secrets

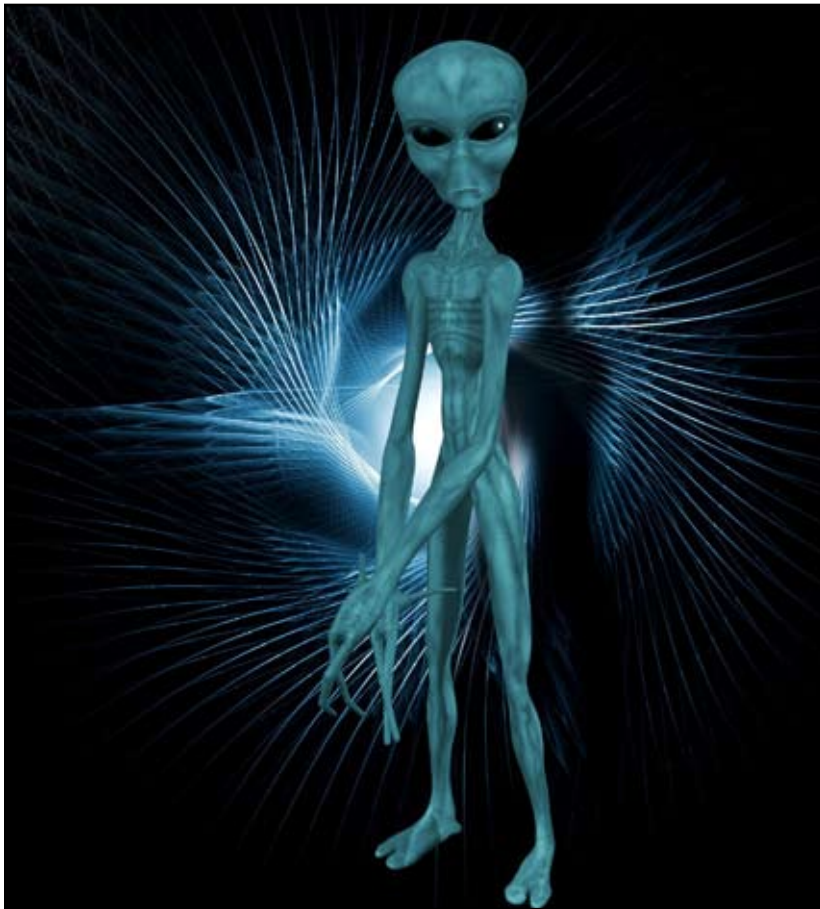
of our universe, and within the next few years, we may encounter extra dimensions beyond the realm of human perception.

Quite a few ufologists seem to believe that ETs may have the ability to shift between dimensions; they also believe that those who have these experiences and are taken during their sleep, are in fact taken into another dimension and not onto a spaceship. And is this maybe why Strieber’s wife was fast asleep during his ordeal. After all, Strieber claimed that he woke up in the woods near his cabin.

Linda Cortile’s Amazing Abduction Case

On November 30, 1989, in New York at around 3:15 a.m., two security officers were escorting a high-ranking official, when they saw a huge glowing object hovering above a high-rise apartment building. They suddenly realized it was a UFO, but nothing could prepare them for what happened next.

The UFO released a blue beam of light directly at the building toward the 12th floor; they saw a woman floating through the beam and into the awaiting craft. The craft then reportedly moved and submerged itself in the East River.



The two security officers allegedly contacted the well-known ufologist Bud Hopkins anonymously regarding the incident, but they were not alone. It appears that there was a backlog of traffic on the Brooklyn Bridge as all the cars came to a standstill and a large number of people saw the incident. These eyewitness accounts ensured that the story went viral. The woman, who seemed none the worse for her encounter, bravely came forward and revealed her identity as Linda Cortile.

Cortile went on to claim that there were five aliens around her that night and two stayed behind while she was taken on board the craft. Once on board, she was taken into a room where she underwent an examination, very similar to what others have frequently reported. Hopkins went on to say that Cortile's case was one of the most important regarding the objective reality of any UFO abductions that he had yet encountered.

Every day that a UFO sighting is reported, it seems that the general public is beginning to accept the presence of aliens in our airspace. After all, it would be a monumental moment with regards to the biggest UFO skeptic and journalist Philip J. Klass, who was a well-known and controversial figure within the world of UFO investigation.

From the 1960s until he passed away in 2005, Klass

had investigated hundreds of UFO reports, which resulted in him becoming known within the field as "the Sherlock Holmes of Ufology." Throughout the years, he continued to debunk many UFO claims. In one recording, Klass was discussing a mass UFO sighting and he was asked a question regarding the Cortile case, specifically whether the two security officers ever existed and that no witnesses ever saw the UFO fly into the East River, which Cortile had previously reported.

Suddenly, there was a rejection of the many accounts of multiple eyewitnesses. But one important fact was overlooked, which was that Cortile had never claimed to have seen a UFO dive into the river. That claim was supposedly made by the two security officers. Klass was the world's leading and most respected investigator within the field, so what made him mess up regarding the facts surrounding Cortile's abduction case?

It appeared that while Klass was very eager to speak out regarding Cortile's case, one person remained ominously silent. This person was a high-ranking official who was in the vehicle along with the two security officers. Hopkins released the name of the person who was keeping quiet regarding this matter. The

man in question was Javier Perez De Cuellar, who at the time was the secretary-general of the United Nations. Any form of corroborating statement from such a high-ranking official could possibly have resulted in him losing his credibility. Is this why, to this day, that De Cuellar has never spoken out about the incident?

Is it possible that all world authorities are keeping all UFO-related information out of the public domain? Hopkins announced back in the 1990's that aliens are here to attempt to take control of our planet, starting with one person, then another, and so on and so on. He said that this was what we would call a silent agenda against our planet.

Should we be afraid of our own government attempting to control all information and any form of sightings, keeping the truth suppressed?

How Are 'Bedroom Invasions' Possible?

From years ago to the present, many people still experience bedroom invasions, and we have no way of stopping them. But, how are they doing this?

Theories exist, including that a government military complex in New Mexico goes deep down below the

Earth's surface. This location is known as Dulce Base, and there are no military vehicles around and there are no watchtowers.

Many believe that the U.S. military occupy this area and the base is specifically utilized by both the government and extraterrestrials. It is also believed that operations are taking place inside Archuleta Mesa in Dulce, New Mexico. It is thought that many thousands of people have had experiences with these strange beings and may have been brought to the Dulce Base, where they were subjected to certain types of examinations and tests. As to whether or not this is true or not, we can only speculate.

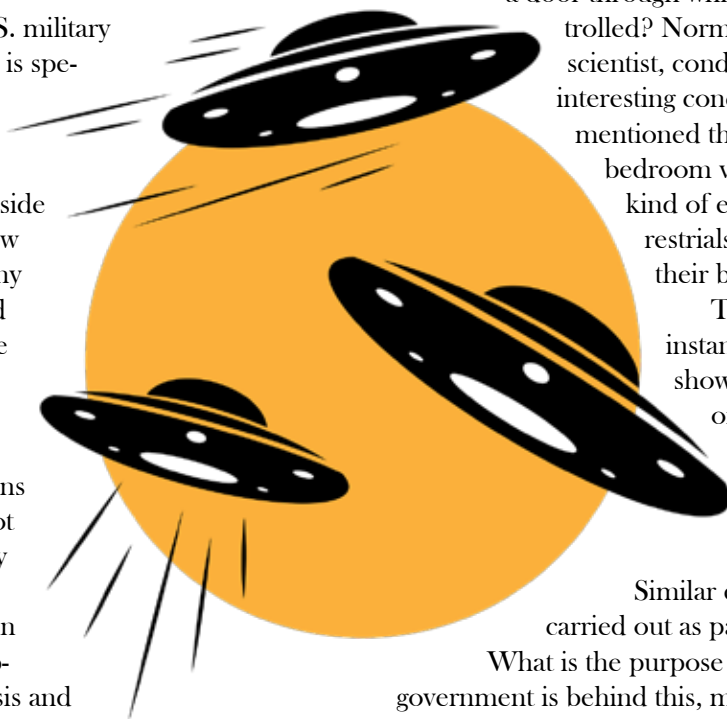
The base is said to contain seven levels. Level four is supposed to just focus on hypnosis and telepathy. Some experts say that it relates to brainwaves that are active when we are asleep.

What if experts are able to access the brainwaves while we are awake? Is it possible that they could create a door through which we could easily be controlled? Norman S. Don, who is a neuroscientist, conducted a study and reached an interesting conclusion. All the people who mentioned that they were having these bedroom visitations or had had some kind of encounter, be it with extraterrestrials or with a UFO, each had their brainwaves measured.

The results are in! In every instance, all the experiencers had shown the ability to achieve non-ordinary or trance-like states during a waking state, and they had been unable to achieve this before their experience.

Similar experiments were allegedly carried out as part of the Montauk Project.

What is the purpose of mind control? If the U.S. government is behind this, maybe we are all being prepared for contact? If so, this is a frightening possibility to consider. ♦



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THE HAWKESBURY RIVER MONSTER



By Paul Dale Roberts, Halo Paranormal Investigations

During the time that my cousin MSG Paul Leaird was fighting the Viet Cong in the jungles of Vietnam circa 1968, the 1st Cavalry Division needed some refreshing R&R. My cousin had explored the streets of Bangkok, Thailand, and now he wanted to see something different.

Australia was only a hop, skip, and a jump from Vietnam, and before my cousin knew it, he was taking a flight over to New South Wales with one of his soldier buddies. According to Australian naturalist Rex Gilroy, a Katoomba-based author and head of the Australian Unknown Animals Investigation Centre, there is a monster that lives in the murky depths of Hawkesbury River in New South Wales — a monster that seems to rival the Loch Ness Monster and Ogopogo the Canadian Lake Monster.

There are hundreds and hundreds of reports of citizens sighting the Hawkesbury River Monster. While my cousin Paul never saw the creature, he told me that one year before his trek to New South Wales, his Army buddy, named Terence, was fishing off the Hawkesbury River.

Terence was fishing with another soldier when they saw a 35-foot creature swimming in the river. The creature was described as having a snake-like head. Terence thought it looked like an aquatic dinosaur, similar to

Plesiosaur. Note: The Plesiosaur has been extinct for 70 million years.

According to Rex Gilroy, stories about the creatures in Australia date back to before the first white settlers and are a part of Aboriginal folklore. Early settlers to the area during the 1800s were told stories by Aboriginals of women and children being attacked by the moolyewonk or mirreecular, the Aboriginal names for the monster.

“Information collected so far suggests to me that the creatures are breeding somewhere offshore and laying their eggs inland. This would not be out of character, as there were both freshwater and saltwater breeds during the Cretaceous period,” Gilroy said. “They are still being seen in the Hawkesbury River, of course, which is not surprising because it is such a deep river. Actually it’s a sunken valley.”

Terence told my cousin that this huge creature had a fish in its mouth and was moving its head back and forth. At one point in time, the Hawkesbury River Monster seemed to actually look at Terence and his Army buddy and that frightened them to no end. Terence told my cousin that seeing this river monster made him a believer that anything can exist on Earth ... and does! ♦

Image source: [Pine Barrens Institute](#)

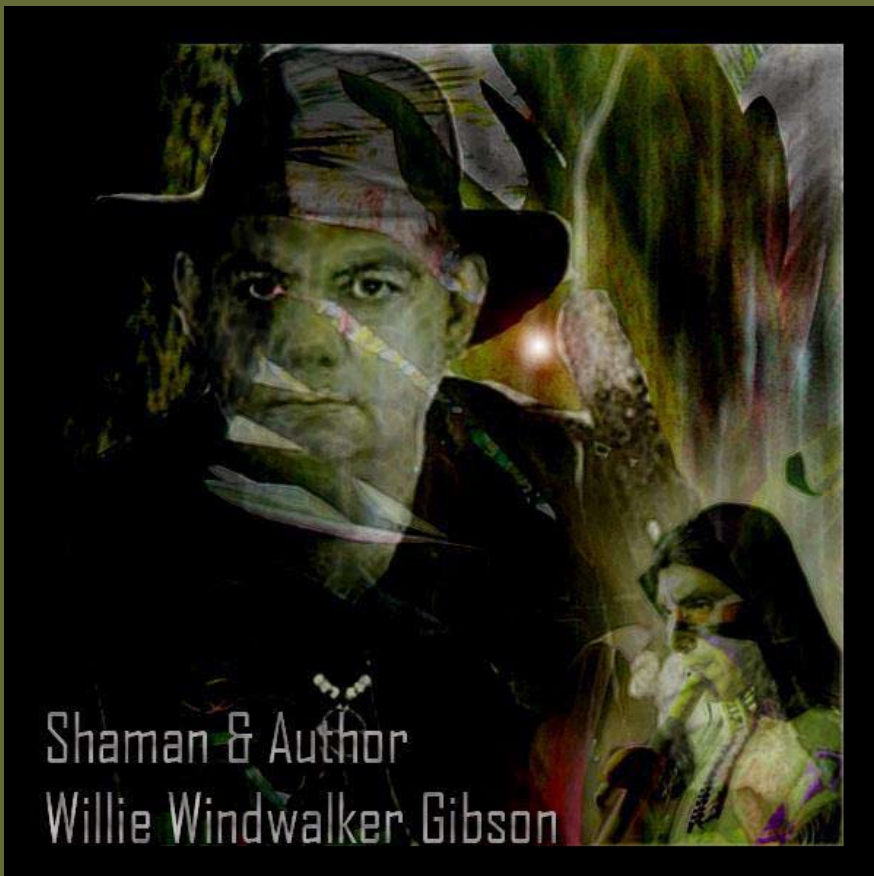
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The Haunted Day vs. Night

A Look at the Witching Hour, Djinns, and Other Paranormal Experiences!

By Rainbow Radaelli, Truth Seeker Forum

The other day, I was lying in my bed thinking about all the normal things a paranormal researcher would think about. You know, shadowy figures, haunted rooms, those darn closets that hide things lurking about, and ephemeral ghostly encounters that happen with no warning. Maybe this isn't normal for everyone else, but for me it's my jam.

I got to wondering, did my paranormal encounters and experiences happen more during the day or at night? Do ghosts or shadowy beings understand time as we know it? Is time a concept in our reality only, or did we borrow it from someone else?

Looking back, I have to say my encounters and experiences happened when I least expected them to, day or night. There didn't seem to be a preference for high strangeness, and one thing is for sure ... it usually happened when I least expected it.

Witching Hour

What is it about the witching hour that has imprinted itself on society's superstitions? In some societies, the witching hour is midnight, while others believe the witching hour is 2 or 3:30 in the morning. To me, the supernatural works around the clock, 24 hours a day, seven days a week, nonstop. It doesn't sleep and could care less if I do. It's an insomniac of epic proportions.

I remember watching *Night of the Living Dead*, and that about ended my daytime cemetery visits for quite a few years. I know that movie was about zombies instead of ghosts, but seriously, zombies are a lot scarier than ghosts. My point is, even in Hollywood they made the day just as scary as the night. I have had a few experiences in cemeteries during the day that unsettled me, but I haven't run yet ... although I'm a fast walker!



Photo: NASA/SDO/LRO/GSFC

I think Hollywood created the idea and embedded it into people's minds that nighttime, with its vociferous minions and shadowy figures moving here and there, defined the unnerving and impending onslaught of darkness. Within the depth of our minds, darkness seems to conceal its intentions by becoming our worst fears in the most insidious ways.

Here's an interesting analogy: We're at the theater, watching a movie. There's the big screen right in front of us. Within the plot there's an illuminated full moon casting her shadowy glow upon the landscape, an owl screeches an ominous warning, and a dark silhouette of



The paranormal isn't confined to the night. It occurs at all times of the day. (Photo by Pat Berrett)

a creature of some sort, barely visible, quietly watches people through a window. Our hearts are pounding, and our breathing becomes shallow. Instinctively, we want to yell at the characters and warn them.

Yet the funny thing is, we are the watchers as well. Hollywood made us culpable by the interrelationship we have as an audience by watching the plot unfold.

The paranormal doesn't need the big screen to make its presence known. A fleeting shadow caught within a side glance, a door closing on its own, or a scent of perfume wisping by is usually a warning that we are not alone. Since encounters obviously happen day or night, we can only assume that at any given time we are entertainment for ghosts or entities. The big difference is, they can crash our party without warning us.

Cabinets

Some of the people that I have helped with hauntings throughout the years have told me that their experiences happened at various times during the day, which in some ways scared them more. One gal in particular told me that her kitchen cabinets would open on their own throughout the day. She affirmed that she would make sure they were closed whenever she was in the kitchen, but once she left, they would always mysteriously open up again.

It's important to note that they were newer cabinets, so the magnetic closures worked fine. I went through all the typical debunking I could think of and concluded that

this particular spirit enjoyed haunting the kitchen during the day. I think the haunting itself was split between the residual and the obvious poltergeist activity, but there was nothing malevolent happening because she never felt threatened and she at least got a good night's sleep.

Bloody Mary

Daytime represents the breath of fresh air, the reprieve from darker-than-black shadows or echoing voices from all around us. What happens when we can see sunshine and blue skies but our sense of safety is gone?

Many moons ago when I was 5 or 6 years old, I was going through a very hard time with what my parents referred to as religious visions. I would wake up screaming, and from what little information they could get out of me while I was sobbing, they said I mentioned angels and Jesus.

These dreams would invade my sleep for weeks, and then for some unknown reason, they would ease up and I wouldn't have any for months. This went on for years and slowly subsided when I hit my tween years. Strangely, something changed and I started to experience paranormal activity during the day at an accelerated rate that was far different than anything I had ever encountered before. My days weren't any safer for me than the nights. In some ways, they became scarier.

When I was 12 years old one lazy Saturday morning, I was lying in bed enjoying the fact I didn't have to get



I constantly say that when we peer into the unknown, there is usually something peering back at us.

up for school. I lay between two gigantic teddy bears on either side of me that gave me a silly kind of comfort from anything that might come visiting in the middle of the night. I turned on my right side and looked at a beautiful image of the Virgin Mary that my parents framed and hung up on the wall.

Surprisingly, all of a sudden, there was a definite change in the room — though still lit with the morning sunlight, my room seemed to go a shade darker. I then felt pressure build up like when you fly in an airplane and your ears start to pop. Though my ears didn't pop, the room started to feel dense, almost like I was in a different time-space. I started to get scared because this had never happened in my bedroom before.

I looked back at the image of the Virgin Mary again, and all of a sudden to my utter disbelief and horror, blood started to come out of her eyes, nose, and mouth. Blood gushed out of her and down the wall, and then her mouth extended downwards like it was stretched almost like she was screaming. She became distorted and took on a sinister look, almost as if she was coming out of the wall. I pulled the covers over me and hid behind my teddy bears. I was petrified beyond belief!

As I took a peek at my door, I realized that unfortunately for me, my parents had closed it to give me some peace and quiet while I slept in that morning. I was hyperventilating and frantically trying to figure out how I was going to get out of my room. I finally decided that I would have to jump out of bed and run for my door. So, after much hesitation, I counted in my head, one ... two

... three and threw off my covers and ran for the door! I opened it with such gusto that it bounced off the wall and just about hit me as I escaped out into the hallway.

It took me a few hours to get my courage up to go back into my bedroom. When I finally did, all was back to normal, including the image of the Virgin Mary. I was left confused, scared, and could never quite look at the image of Mary the same way I did before. I never mentioned it to my parents, but when I tried to tell a Catholic priest about it, he shunned me away and I never spoke of it again, until now.

The Supercilious

I constantly say that when we peer into the unknown, there is usually something peering back at us. All it takes is one small invitation or a curious venture into someone else's backyard and bingo! Contact has been made. In my case, when the djinn Antioch

followed my partner Michael and me home from Skinwalker Ranch in Utah, the summer of 2016, it became apparent that we got more than we bargained for.

As an empath, I know when I go and do research at different locations that I might be walking around someone else's place of residence even if that someone is a ghost or entity. If you don't ask for permission to be there or if you intrude into something's sacred ground, it very well can follow you home and come knocking at your door. This is what happened to us.

If I see beings, I tend to draw pictures of them in part so I don't feel like I'm going nuts. My reasoning is, if I think I saw something, I'll draw it and it helps me feel sane and validated. So as with all my other encounters, I decided to draw the djinn Antioch. All was well for a while, but unfortunately once I did this, the paranormal started up in the house to a frightening level. In this instance, he bothered me more in the daytime, but there were occasions just before I was shutting things down for the night when he would make his presence known.

This particular night just as I was turning off lights and my computer, Antioch decided to turn on my copy machine and print out a copy of the drawing I did of him days before. What's interesting to note is that I had put the drawing away in my drawer with all the other drawings that I've done throughout the years. Somehow, it mysteriously ended back up on top of the copy machine where you scan images and my copy machine popped out his drawing without me knowing it was on.

I jumped about 10 feet when my copy machine went off because it was right under my desk. After calming myself down, I decided I had enough, so I put his drawing in a folder and away in another drawer under a pile of stuff so that it wouldn't be easy to take out. Silly I know, but it made me feel better. (Just a side note, this wasn't the first time Antioch made copies of that same drawing.)

I went upstairs and took a shower, and while I was washing my hair, I made a decision right then and there that there would be no contact with Antioch. I was getting tired of his shenanigans and I needed more peace and quiet in my home. I got ready for bed, turned the bathroom light off, and got into our bed. I had just laid my head down on my pillow when a horrible and loud crash came from the bathroom. It woke up the whole house, and when Michael and I went into the bathroom to investigate, we saw the shower caddy had fallen off the shower head and dropped to the floor scattering all our shampoo, conditioners, and shower gels.

The shower head was large and circular, so we knew the caddy didn't just fall off on its own because it would have taken the entire shower head with it. In order to get the caddy off, you have to literally lift it up and over the shower head. This was no accident.

Long story short, I realized that this wasn't going to end until I had a chat with Antioch. I decided to allow him to come through and state what he needed to say and then tell him he had to go. With the help of the Archangels, the message was sent to him loud and clear, and once I did as promised and the one session was over, he

left and we no longer had things being thrown, turned on, or knocked down.

Religion plays a huge part in how many people deal with hauntings, abductions, cryptid, or entity encounters and just about anything supernatural. In my opinion, it comes down to two types of reactions, knowing we are protected or fearing we are powerless to stop whatever is happening to us.

With day or night hauntings, even if high strangeness wants to join the party, the beautiful thing about life is that we can tell it to leave any time we want or we can choose to leave. Sometimes choosing to walk away just means we're

a little wiser for the wear. Occasionally, if we do decide to stay, we can get a better sense of what something is.

The one thing I do know is that even if we become a part of the plot, willingly or not, engaged or disinterested, the time clock of the unknown just keeps on ticking day and night, relative or not. It's elongated and outstretched hands are the goose bumps and cobwebs of a foreboding agenda.

As a paranormal investigator, I understand that time can be seen as something objective. But I also see it as something with a keen sense of humor. I have to agree with J.K. Rowling when she states, "It is a strange thing, but when you are dreading something and would give anything to slow down time, it has a disobliging habit of speeding up."

The paranormal in many respects is just the joker in the wild, haunting its way into our reality. Does it haunt us just as much in the day as it does in the night? You be the judge. ♦

As a paranormal investigator, I understand that time can be seen as something objective. But I also see it as something with a keen sense of humor.

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INVESTIGATING A HAUNTING IN EL MACERO

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

HPI investigated a reported haunted house in El Macero, an unincorporated community just outside the city limits of Davis, California, on December 4, 2020. The homeowner, Jill, had contacted us to report a large amount of paranormal activity.

Reports of Paranormal Activity

The reports of paranormal activity included object being thrown by unseen forces, as well as the residents hearing strange noises and disembodied footsteps.

One night, Jill heard an entity whispering her name while she lay in bed. Then things started to get out of hand. The entity took a box and placed it on the stove. It then turned on the stove and the box caught partially on fire. Jill and her mom discovered the box burning and got there in time to put the fire out.

On another night, a Virgin Mary statue was thrown across the living room floor. This event was the last straw for Jill, and she immediately called the HPI paranormal hotline and asked if my team could come down as soon as possible. Jill, her mother, and Jill's children were scared that things could escalate and get worse. She requested that we investigate and try to rid the house of any entities present. She also asked if we could perform a cleansing of the house after the investigation.

The Investigation

The HPI investigators present at the investigation included myself and Matt and Michelle Mesa.

During the investigation, we captured three EVPs, all of which were in a male's voice. The EVPs were all captured in Jill's bedroom and her mother's bedroom, which seemed to be paranormal hotspots. On two EVPs, there was a similar male voice, and the third EVP, which I call a Class A EVP, was a different male voice. The



This house in El Macero, California, was rife with paranormal activity prior to our investigation, including objects being thrown and disembodied footsteps and voices.

two EVPs that had a similar voice included one response that was unintelligible and another that said, "Hello." The Class A EVP in a different male voice said: "Can you leave?"

Michelle, who is a sensitive, picked up on two male entities. One was an older male, and the other one was a disheveled, younger male. Both male entities used the "F"

word. They were basically saying to “F” off when I was trying to get them to talk through my digital recorder.

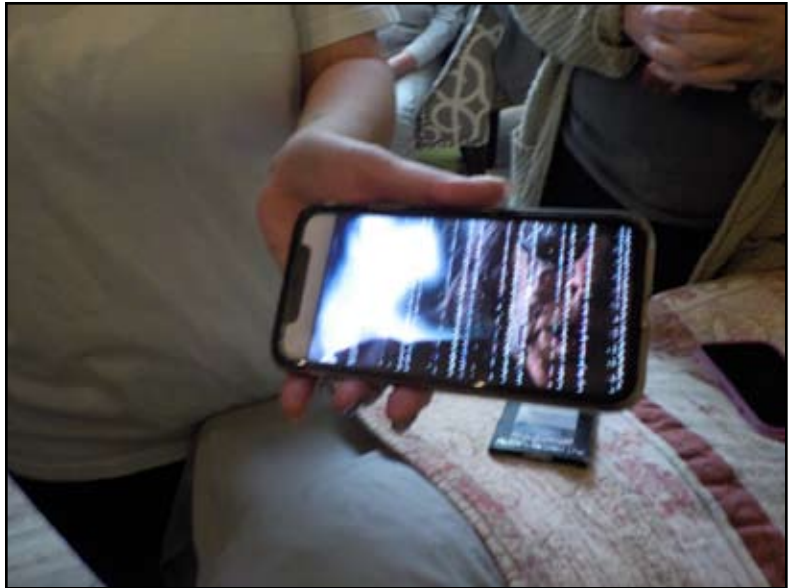
Matt was busy using his laser grid lights, and at some point in time, a shadow was seen going quickly across the laser grid. Matt did a sweep of the house with his EMF reader and received spikes at certain locations of the house.

Michelle asked the orbs she was seeing to gravitate to my hand that was placed on the wall. The orbs were detected on her smartphone and did in fact circle around my hand.

I also used night vision goggles and saw some orbs hovering about, and I asked the entity to go toward my hand while I was in the garage. The orb went toward my hand, showing intelligent movement.

The Cleansing

My team felt we captured enough evidence, so I started with the Roman Catholic house blessing with Jill. After the cleansing, things felt lighter. Michelle asked me to say a prayer over her and Matt, in which I did. Michelle wanted to make sure that nothing was going to follow them home.



The homeowner, Jill, caught a strange white misty entity on her smartphone.

This was Matt and Michelle's first time with HPI, and they did an outstanding job. I am honored to have them on my team; they are fast learners. Thank you Matt and Michelle! ♦



ARE YOU A TRUTH SEEKER?


<http://truthseekerforum.com/>

ENERGY HEALING FOR *SEASONAL ALLERGIES*

By Karen Frazier, AuthorKarenFrazier.com

Seasonal allergies got you down? The heart chakra controls all things breathing and immunity, so in working with managing seasonal allergies, this is where you'll want to start.

You'll also want to work with throat and third eye chakras (where symptoms are most likely to manifest), as well as crown and root chakras. Try this simple, crystal visualization for five to 10 minutes each day.

- 
1. Lie comfortably somewhere you won't be disturbed.
2. Place a clear green crystal (emerald or peridot are great choices here) over your heart chakra.
3. Place an opaque blue crystal over your throat chakra — sodalite or blue lace agate are excellent choices.
4. Place a clear purple crystal on your third eye — amethyst is ideal.
5. Place clear quartz above your crown chakra.
6. Place an opaque black crystal below your root chakra — shungite is ideal.
7. Visualize energy coming up through your back from the earth and entering your body, flowing into your heart and lungs. From there, see it flowing in both directions to root and crown along your chakra line, lighting up each crystal as it reaches that chakra.
8. Now, focus on your heart chakra. Visualize your lungs opening wide and pulling in clear, fresh, allergen free air. See yourself breathing freely.
9. Focus on your throat chakra, see it opening and accepting only fresh, clean air that circulates freely and cleanly through your respiratory system.
10. Focus on your third eye chakra, visualize it flowing through your sinuses and opening them. See the energy sweeping any mucus or blockages from your sinuses.
11. Focus on your crown chakra, visualize the energy of clean, fresh, allergen-free air surrounding you completely in a protective bubble and flowing through you.
12. When you're ready, sit up (don't forget to remove the crystals). Hold the green crystal in your dominant (giving) hand, and visualize the energy from your bubble flowing into the crystal.
13. Hold the shungite in your non-dominant hand, and visualize roots growing from your bottom into the earth.
14. Take a few deep, cleansing breaths from within your bubble, and open your eyes when ready.
15. Keep the green crystal in your pocket, and as allergy symptoms arise throughout the day, hold the crystal in your receiving (non-dominant) hand and visualize breathing in fresh, clean air and energy. ♦



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Using the haunted world as our road map, each week we will visit a ghostly hot spot, anywhere from the port of New Orleans to the abandon castles of Romania.

And, as a gruesome bonus, on occasion, I will be joined by Da Panda, Panda Mike, as we take a road trip to a specific location, where we stop and discuss said place of absolute darkness and the horrifying madness that transpired there.

WHERE THE
DARK CORNERS
ARE

So join us on



Smudging Protocol for Clearing Sacred Space

By Dr. Athena Perrakis, Sage Goddess



We talk about smudging all the time here at Sage Goddess because it's a critical first step in any sacred ritual. It is also a great way to clear negativity and raise the vibe at any time. I smudge daily to purify my sacred space before any ritual, ceremony, or meditation. It's an integral part of my spiritual practice — in fact, it's what this community was built upon!

Sage Goddess began with my hand-wrapped smudge bundles, which I offered to those around me to spread healing, love, and light. It remains my mission to share and educate others about this ancient practice.

Here's my Sage Goddess Smudging Protocol so you can do this for yourself.

Sage Goddess Smudging Protocol

Please note: Your ritual or ceremony can be performed with the smoke of any sacred herb or tree resin.

However, to clear energies that are resistant, it's best to use *salvia apiana*, or white sage smoke.

To clear energies from persistent illness or disease, please use palo santo. And to clear low vibrations associated with fear, death, or violence, please use copal first before other resins or herbs.

An advanced clearing ceremony, known as a *limpia* in Central and South America, can be performed after smudging if challenges persist.

First, begin by saying a brief centering prayer:

"Great Spirit, ancestors in the light, and guardian angels who surround me, I ask that you come closer and guide my hands and this smoke as we prepare to clear and consecrate this sacred space."

Then, light your sage, palo santo, copal, or other resin or herb. Take a deep breath and feel your feet on the floor. Become aware of your breath. Take three

deep, cleansing breaths. On the inhale, call into yourself strength, peace, and wellness. On the exhale, release fear, resistance, and physical tension.

While doing this, take a moment, allowing the process to unfold slowly.

As the herbs and/or resins begin to smoke, move to the easternmost quadrant of your room or space. Fan the smoke out in front of you with your right hand, and say these words out loud:

“Guardians of the East, remove any energies from this space that are not serving my highest good. Please replace them with clarity, focus, and peace.”

Next, move to the southernmost quadrant of your room or space. Fan the smoke out in front of you with your right hand, and say these words out loud:

“Guardians of the South, remove any energies from this space that are not serving my highest good. Please replace them with courage, strength, and curiosity.”

Next, turn toward the westernmost quadrant of your room or space. Fan the smoke out in front of you with your right hand, and say these words out loud:

“Guardians of the West, remove any energies from this space that are not serving my highest good. Please replace them with happiness, lightheartedness, and physical ease.”

Finally, turn toward the northernmost quadrant of your room or space. Fan the smoke out in front of you with your right hand, and say these words out loud:

“Guardians of the North, remove any energies from this space that are not serving my highest good. Please replace them with grounding, patience, and wisdom.”

Now that you have cleared the energies of your space, take another deep cleansing breath. Extinguish your bundle of herbs and give thanks to the plants for their energy, making sure to release the guides and guardians with gratitude as well.

You can do this process as needed, but at least twice each month at the new and full moons, and also before any ceremony or deep meditation. So long as it is done mindfully and reverently, this protocol cannot be overused or exhausted.

Remember, the Great Mother can carry and release what is too heavy for you, with love. ♦



Photo: Joy Holland

A collage of images related to UFOs and the paranormal. At the top, a banner reads "Flying Disk Press" in a stylized font. Below the banner, there are several images: a UFO, a helicopter, a person, and various books. The books include "UFOs Today" by Philip Mantle, "The Rev. Father Gilt File", and "The Great Mother". The background is a dark, starry space with a nebula. At the bottom, there is a URL and contact information.

<http://flyingdiskpress.blogspot.co.uk/>

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MISSION EARTH: Are ETs Working to Save Earth?

By Willie Windwalker Gibson

I see that UFO sightings are happening more and more these days. The 1950s saw a flourish of sightings but calmed down after the government said there was no evidence of UFOs and the ones that were sighted were explained away.

In 1965, I was 10 years old and had a UFO experience while I was playing alone in my back yard. It was during the summer while school was out. In the afternoon around 4 p.m., I looked up into the sky and saw a bright star.

As I looked at the star it got bigger and bigger until it was a huge, round metallic thing with lights underneath it. There was a flash of light, and all of a sudden it was dark.

I went into the house and my father said, "Boy, where have you been? We have been looking for you for hours."

I looked up and saw that it was almost 9 p.m. My dad told me they had been looking for me and he was getting ready to call the cops. I did not know what to say to him, so I said I went for a walk and got lost. He sent me to my room, and I laid on my bed and just looked at the ceiling.

As I lay there, I heard a voice in my head say. "It's OK, Willie."

The next morning, I got up, and went into the kitchen. My dad was sitting at the kitchen table reading the morning paper. He looked at me and said good morning. He was not mad anymore; it was like nothing had happened.

* * * * *

A few months later I started remembering bits and pieces of what had happened. I remembered a room; it was white, and there was a table. In the room was a tall man who had long white hair, and he was wearing a white outfit like a jumpsuit.

He smiled and without opening his mouth said, "It's OK. You're safe. Willie, my name is Adam."

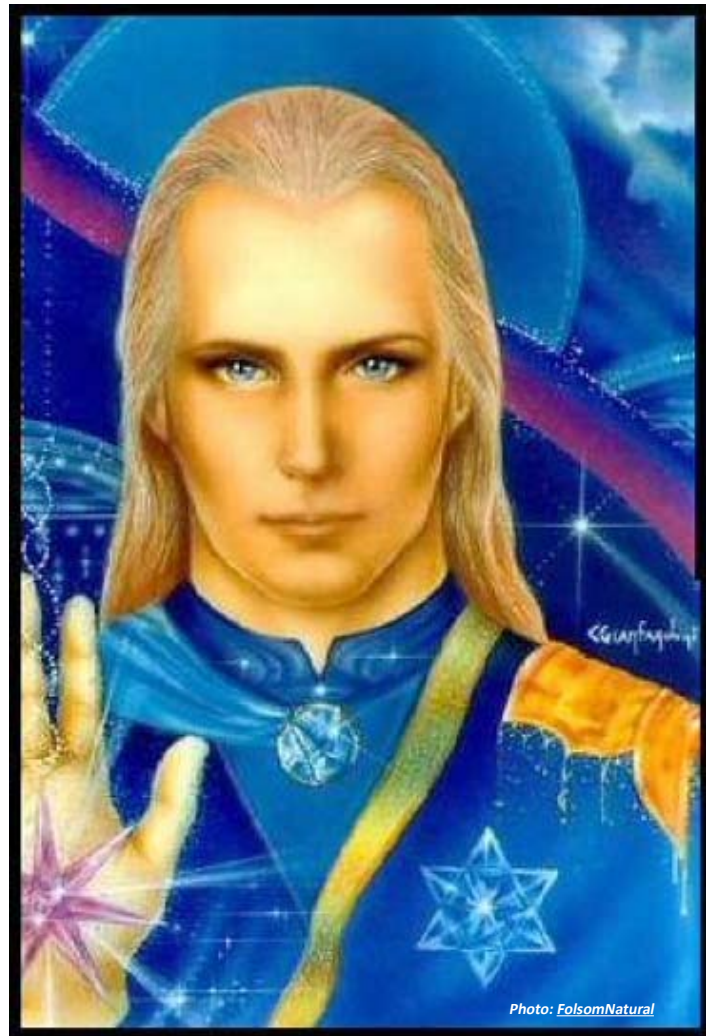


Photo: FolsomNatural

"In ufology, Nordic aliens are humanoid extraterrestrials purported to come from the Pleiades who resemble Nordic-Scandinavians. Professed contactees describe them as being six to seven feet tall with long blonde hair, blue eyes, and fair skin." — [Wikipedia](#)

That's all I remembered for a long while.

I didn't remember anything more until years later. Oh sure, I had lost time on occasion, but I really was not concerned or scared. Somehow, I knew things were going to be OK.

Now, in current times, UFO sightings are becoming more frequent. It's like whoever is piloting these UFOs does not even care who sees them anymore. In fact, I have seen many styles of UFOs myself, everything from saucers to triangles to balls of light. I have also started remembering things.

* * * * *

Adam has visited me many times since 1965. I remember Adam telling me that he was there to help. He said that there was a federation of other beings watching over Earth.

Adam said that his mission and the mission of the others was to protect Earth from other beings that wanted to hurt the planet. He said that a lot of the ships that are sighted belong to his race and the other races.

Some of the ships even belong to our own race. He

said technology was given to our government for these ships, and they can go outside of Earth's atmosphere.

Adam told me the Earth is in trouble, mainly with pollution. The threat of nuclear war is also a problem they're watching. They are also watching and sometimes intervening with other issues, as well, including politics.

There is also a spiritual aspect to this too, as I believe demonic influences have been introduced as well.

I believe those of us who have been taken by the aliens have been programed with information on how to combat the threats to the planet, both cosmic and spiritual. In fact, it seems that there are spiritual warriors ready to go all over the world. I have spoken to many others with a similar story to my own, and I am sure we all have a mission to fulfill on Earth.

So, when you look up and see something zip through the sky, don't worry too much. What we need to do is keep our eyes on the negative influences that have infiltrated our government. You will know who they are by the negative energy they spew upon us.

Everyone has to make it their mission on Earth to fight vigilantly for the light of our world. ♦

Adam said his mission was to protect Earth from other beings that wanted to hurt the planet.



DIMENSIONS: MYSTERIOUS TRIANGLES OF THE US

by Cheryl Lynn Carter

The Earth's surface is endowed with mysterious triangular patterns that whisper of mystical energy and vibrations. The ancients considered them doorways that would enable one to traverse time and move through dimensions.

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